

Invitation/Directives

Thessaloniki, Greece

07 - 09 November 2025







Dear friends,

The Hellenic Gymnastics Federation in cooperation with the Athletic Gymnastics Clubs Union of Northern Hellas, has the pleasure to invite your Artistic Gymnastics Clubs to participate in the International Tournament "Horizon Cup".

Discipline	Men's Artistic Gy Women's Artistic	•	•				
Host Federation	HELLENIC GYMNA	ASTICS FEDE	RATION				
	37 Kifissias Ave., OAKA, Former Athletes Guesthouse (Opposite Fire						
	Station), 15123 N	1arousi					
	Tel: +30 210 9882	2458					
	Fax: +30 210 988	7329					
	Email: ego@oten	et.gr					
	Website: www.eg	go-gymnasti	cs.gr				
Local Oranizing Comittee	HELLENIC GYMNA	ASTICS FEDE	RATION				
	in cooperation wi	th					
	ATHLETIC GYMNA	ASTICS CLUE	BS UNION (OF NORTHEI	RN HELLAS		
	Mikra National Sports Center, Hall "Ioannis Melissanidis"						
	55132 Nea Krini						
Competition Manager	Avraam SAPRANIDIS						
	Email: efiavraamgym@hotmail.com						
	Tel: +30 6972284992						
Location	Nea Krini, Thessaloniki, Greece						
Dates	07 – 09 November 2025						
Venue	Mikra 's National Sports Center, Hall "Ioannis Melissanidis" Seats:1.000						
Competition Apparatus	American Athletic Inc. on floor – Spieth - Gymnova(on podium)						
Team Composition		Juniors	Pre Juniors	Juniors	Pre Juniors	Tota	
		(MAG)	(MAG)	(WAG)	(WAG)		
	Team Leader	1	1	1	1	2	
	Team Manager	1	1	1	1	2	
	Coach	2	2	2	2	8	
	Athletes	4	5	4	5	18	
	Judge	1	1	1	1	2	
						1	
	Doctor/Physio	1	1	1	1	2	







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Age Limits	MAG
	Juniors (Born in 2009-2010) Pre-Juniors (Born in 2011-2012-2013
	WAG
	Juniors (Born in 2010-2011)
	Pre-Juniors (Born in 2012-2013-2014)
Rules & Regulations	The event will be organized under the FIG Code of Points 2025-2028
Technical Requirements -	Juniors:
MAG	FIG Code of Points
	Pre-Juniors:
	The 8 most difficult elements including dismount are calculated for
	Difficulty Value (DV) as per FIG
	All apparatus except for VT:
	Too short program:
	6-8 = - 0.0 points (10.00)
	5 = - 2.0 points (8.00)
	3-4 = - 4.0 points (6.00)
	1-2 = -6.0 points (4.00)
	2 freely chosen Exercise Groups + dismount. Each = 0.50 points
	Dismount: $A = 0.30$, $B = 0.50$
	Connections on floor :
	B or higher + B or C = $+0.1$,
	C or higher + C or higher = +0.2 - No connection for Counter Saltos.
	- Limit of 2 connections total in an excercise.
	VAULT: Gymnasts will perform only one vault
Technical Requirements -	Juniors:
WAG	FIG Code of Points
	Pre-Juniors:
	The 8 most difficult elements including dismount are calculated for
	Difficulty Value (DV) as per FIG
	All apparatus except for VT:
	Too short program:
	6-8 = - 0.0 points (10.00)
	5 = - 2.0 points (8.00)
	3-4 = - 4.0 points (6.00)
	1-2 = - 6.0 points (4.00)
	Compositional Requirements : 3 freely chosen Compositional
	Requirements + Dismount. Each Compositional Requirement = 0.50
	points.
	Dismount: A=0.0, B=0.30, C=0.50







	VAULT: Gymnasts will perform only one vault
Competition Format	<u>Juniors</u> Each team can consist of four (4) gymnasts
	Three (3) highest scores will count for team score.
	Pre-Juniors
	Each team can consist of five (5) gymnasts
	Three (3) highest scores will count for team score.
	Note
	All gymnasts must register the apparatus in the respective form
Awards	<u>Team</u> Cup & Medals for 1 st , 2 nd and 3 rd place
	All Around Individual (Separately for each age)
	Cup & Medals for 1st, 2nd and 3rd place and diplomas for places 4th-
	8th
	Apparatus (Separately for each age)
	Medals for 1st, 2nd and 3rd place and diplomas for places 4th-8 th
Drawing of Lots	One week before the competition starts
Judges	
	All participating judges must have a valid National or International Brevet for the Olympic Cycle 2025-2028.
	Each Club shall register at minimum 1 judge for men and/or 1 judge for women. Clubs without a registered judged are subject to a penalty of 200.00 euros upon arrival (400.00 euros if the Club is competing with men and women).
Provisional Schedule	November 06 th : Arrival of delegations, Training
	November 07 th : Arrival of delegations, Official Training,
	Orientation Meeting
	November 08 th : Competition (MAG: FX, PH, RI)
	(WAG: VT, UB)
	November 09 th : Competition (MAG: VT, PB, HB)
	(WAG: BB, FX) November 10 th : Departure of delegations
	NOVCHINEL TO . DEPARTULE OF DETERATIONS



Invited Clubs

Entry Fee

Costs





Gymnastic Clubs which are recognized members of the respective National Federations from all over the globe are invited.

The non-reimbursable entry Fee is 50.00 € per Gymnast

The following prices* are per person, per day and include:

 Accommodation in hotels close to the Competition Hall (full board, breakfast and dinner)
 Transportation from Thessaloniki's airport "Macedonia" to the hotels (round trip).
 Transportation from Thessaloniki's Rail Station to the hotels (round trip)

(*) the price includes all taxes

Hotels:

ATHLOS HOTEL THESSALONIKI

Triple Room: 80.00 € Double Room: 100.00 € Single Room: 130.00 €

FOUR SEASONS HOTEL THESSALONIKI

Triple Room: 80.00 € Double Room: 100.00 € Single Room: 130.00 €

ATHENA AIRPORT HOTEL

Triple Room: 80.00 € Double Room: 100.00 € Single Room: 130.00 €

The Accommodation Form must be returned to the Local Organizing Committee by October 12th 2025. Hotel room will be allocated on a "first come, first serve" basis.

The participating clubs must pay for the accommodation expenses of their delegation members.

The costs for accommodation must be paid to the Local Organizing Committee as follows: 50% until October 12th 2025 and the rest 50% until November 03rd

50% until October 12^{th} 2025 and the rest 50% until November 03^{rd} 2025.

Please notify the Local Organizing Committee for your hotel choice

F.F.Q.	
ΕΛΛΗΝΙΚΗ ΓΥΜΝΑΣΤΙΚΗ ΟΜΟΣΠΟΝΔΙΑ Hellenic Gymnastics Federation	CUP INTERNATIONAL ARTISTIC GYMNASTICS TOURNAMENT ARTISTIC GYMNASTICS
	through the online form. Clubs that are not using the competition's hotels, are subject to a penalty of 100.00 euros upon arrival.
	<u>Cancelation/Reimbursement Policy</u> 50% of accommodation costs are refundable in case of cancelation at least 1 month prior to arrival. For cancelations after October 12 th , there will be no reimbursement.
Internation Transportation	The invited participating Clubs must pay for the International Travel Costs of their delegation members. The Travel Schedule Form must be returned to the LOC by October 20 th at 23:59.
Visa	Please verify immediately with your travel agent or the Greek Embassy or Consulate in your country if a visa is required for your travel to Greece. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before October 12 th , 2025 to the LOC. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, arrival and departure dates of the Delegation Members as well as the city the visa application support letter must be sent to.
Insurance	The Host Federation and the LOC will not be held responsible for any liabilities in case of accidents, illness and repatriation. All participating Clubs are obligated for making their own arrangements to have the necessary valid insurance coverage for illness, accidents and for repatriation.
Accreditation	 Delegation accreditation will take place upon arrival. For accreditation, team leaders are required to provide the following: Passports of all members of the delegation Proof of medical insurance of all members of the delegation CD with music for Women FX (2 copies) Additionally, please have a usb stick with FX music in mp3 form.
Financial Obligations and Bank Account	Payment of 100% of Entry Fee: October 17 rd 2025 (non refundable)
	Payment of Accommodation Costs: 50% by October 12 th 2025 50% by November 03 rd 2025
	Each participating club is kindly requested to integrate the payments purpose as follows:
	HELLENIC GYMNASTICS FEDERATION Bank: National Bank of Greece (NBG) IBAN: GR71 0110 0800 0000 0804 8077 666





Vasileios TSOLAKIDIS President