**23th International Artistic Gymnastics Tournament “Latvian Veterans open 2024”**

**1st of June, 2024**

**Riga, Latvia**

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**Dear affiliated Member Federation**,

The Gymnastics Federation of Latvia and Riga Gymnastics School has the pleasure to invite your Federation/clubs to participate in the aforementioned International Event.

Please find herein below the Invitation letter and the directives:

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| **HOST FEDERATION** | Latvian Gymnastics Federation Contact Person: Mrs. Natalija Prokofjeva Adress: Prusu street 110, Riga, LV-1063, LatviaTel.: +371 27403566 e-mail: gfl@latnet.lv  |
| **LOC** | ***Riga Gymnastics School******DG sports biedriba***Contact Person: Aleksandra Drigo Tel.: +37120525757e-mail: alexandra.drigo@gmail.com |
|  **DATE** | **31.05-02.06.2024** |
| **VENUE** | **Riga Gymnastics School**Adress: Miera str. 62, LV, 1013,Riga, Latvija |
| **APPARATUS SUPPLIER** | Gymnova, Spieth |
| **PROVISIONAL SCHEDULE** | Day 1 (Friday, 31.05.2024):Arrival of the Delegations Training (17:00-20:00)Day 2 (Saturday, 01.06.2024 15:00):Judges’ InstructionMen’s and Women’s Artistic Competition Oficial closing  |
| **PARTICIPATION** | Only gymnasts in good standing with the correct age may participate. |
| **AGE LIMITS** | Min. age limit for: WAG: 25 years (born in 1998 and before). MAG: 30 years (born in 1994 and before). |
| **JUDGES** | The participating Federations/Clubs can send minimum one judge for MAG and one judge for WAG. All judges must have a current valid national level. |
| **REGISTRATION DEADLINES** | Definitive registration: **May 1, 2024**Nominative registration **May 10, 2024** |
| **ENTRY FEES** | The Entry fee for this event will be: **EUR 40 per gymnast**. All Entry fees can be paid in two options1. By transaction to Organizing Committee.

DG sports biedribaReg. 40008255159LV36HABA0551044028348Name Surname of competitors1. By cash upon arrival
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| **COMPETITION FORMAT** | **Men’s Artistic Gymnastics** **Maximum 8 elements, can be used to count.**Category 1: 30-34 years old2B,4A Start value 10.0 Missing: B – 0.2, A – 0.1Additional D and higher + 0.4, C +0.3, B + 0.2 **(Max. 2 additional elements for bonification)** Average score of Three best resultCategory 2: 35-39 years old1B, 5AStart value 10.0 Missing: B – 0.2, A – 0.1Additional D and higher + 0.6, C +0.4 , B + 0.2 SUM of Three best result**(Max. 2 additional elements for bonification)** Category 3: 40-44 years old5AStart value 10.0 Missing: B – 0.2, A – 0.1Additional D and higher + 0.8, C +0.5, B + 0.3 SUM of Three best result**(Max. 3 additional elements for bonification)** Category 4: 45-49 years old5AStart value 10.0 Missing: A – 0.2Additional C and higher + 0.8, B +0.4, A + 0.2 SUM of Three best result**(Max. 3 additional elements for bonification)** Category 5: 50-54 years old4AStart value 10.0 Missing: A – 0.2Additional C and higher + 0.8, B +0.5, A + 0.3 SUM of Three best result**(Max. 4 additional elements for bonification)**Category 6: 55-59 years old4AStart value 10.0 Missing: A – 0.2Additional C and higher + 1.0, B +0.6, A + 0.4 SUM of Three best result**(Max. 4 additional elements for bonification)**Category 7: 60-64 years old3AStart value 10.0 Missing: A – 0.2Additional C and higher + 1.0, B +0.7 , A + 0.5 SUM of Three best result**(Max. 5 additional elements for bonification)**Category 8: 65-69 years old3AStart value 10.0 Missing: A – 0.2Additional B and higher + 0.8, A +0.6 , SUM of Three best result**(Max. 5 additional elements for bonification)**Category 9: 70 years and older 2AStart value 10.0 Missing: A – 0.2Additional B and higher + 1.0, A + 0.8 SUM of Three best result**(Max. 6 additional elements for bonification)**Vault for All MAG Categories FIG +6,0 + (0,5 x Category)Vaults type, that is not included in FIG code of points – to be recognized – 10.0For MAG Categories 5-9 height and functional properties changes can be allowed**Women’s Artistic Gymnastics****Maximum 6 elements, can be used to count**Category 1: 25-29 years old1B, 4AStart value 10.0Missing: A – 0.1, B- 0.2Additional D and higher + 0.4, C + 0.3 , B + 0.2 SUM of Two best result**(Max. 1 additional element for bonification)**Category 2: 30-34 years old5AStart value 10.0Missing: A – 0.1, B- 0.2Additional D and higher + 0.5, C + 0.4, B + 0.3SUM of Two best result **(Max. 1 additional element for bonification)**Category 3: 35-39 years old4AStart value 10.0 Missing: A – 0.2Additional C and higher + 0.6, A + 0.2, B + 0.4SUM of Two best result **(Max. 2 additional elements for bonification)**Category 4: 40-44 years old3AStart value 10.0 Missing: A – 0.2Additional C and higher + 0.7, A + 0.3, B + 0.5SUM of Two best result **(Max. 3 additional elements for bonification)**Category 5: 45-49 years old3AStart value 10.0 Missing: A – 0.2Additional C and higher + 0.8, A + 0.4, B + 0.6SUM of Two best result **(Max. 3 additional elements for bonification)**Category 6: 50-54 years old2AStart value 10.0 Missing: A – 0.2Additional C and higher + 1.0, A + 0.6, B + 0.8SUM of Two best result **(Max. 4 additional elements for bonification)**Category 7: 55-59 years old2AStart value 10.0 Missing: A – 0.2Additional B and higher + 0.9, A + 0.7SUM of Two best result**(Max. 4 additional elements for bonification)**Category 8: 60 years and older1AStart value 10.0 Missing: A – 0.2Additional B and higher + 1.0, A +0.8 SUM of Two best result**(Max. 5 additional elements for bonification)**Vault for All WAG Categories FIG +6,0 + (0,5 x Category)Vaults type, that is not included in FIG code of points – to be recognized – 10.0For WAG Categories 5-8 height and functional properties changes can be allowed.  |
| **ACCOMMODATION** | On request (extra charge) |
| **MEALS** | On request (extra charge) |
| **INTERNATIONAL TRANSPORTATION** | The Invited Participating clubs must pay for the International Travel Costs of their Delegation Members. |
| **LOCAL TRANSPORTATION** | On request (extra charge) |
| **VISA** | Please verity immediately with your travel agent or the Latvian Embassy or Consulate in your country if a visa is required for your travel to Latvia.The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before May 1, 2024 to the Organizing Committee.The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, home address, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to. |
| **INSURANCE** | The Host Federation, the Organizing Committee will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.The FIG Technical Regulations (Section 1, Article 11.10) foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation. |
| **ACCREDITATION** | Delegation accreditation will take place upon arrival. For accreditation, Delegation Member are required to bring the following documents:\*passports of all members of the delegation;\*proof of medical insurances;\*CD of their National Anthem and National Flag;All financial obligations must be fulfilled during the accreditation. |
| **AWARDS** | Winner in each Age category will be awarded.(Men’s Artistic Gymnastics – SUM of Three best score Women’s Artistic Gymnastics – SUM of Two best score); MAG (1-9 category) and WAG (1-8 category):The gymnasts on 1st to 6th place will be awarded. (Men’s Artistic Gymnastics – SUM of Three best result Women’s Artistic Gymnastics – SUM of Two best result); |
| **ADDITIONAL INFORMATION** | **NB. Final score to be calculate : 10.00 + Bonus – deduction.****For Vaults: see above.****No neutral deduction, no limits for one group elements****Elements value – FIG code of points 2022 2024**- We invite you to take a part in the competition even if you make less than Three apparatus MAG, and less than two apparatus WAG;- Gymnasts who are less that 25 years old -WAG and 30 years old-MAG also invited to participate , but out of competition.- Gymnasts can do elements, which are not in the Code of Points. They can be evaluated by the judges as elements of Category A ( depends on the age category) but you can’t have additional bonus for thus the element;- The same element, which are written in by the same number FIG, counted as separate element;- A participant has the right to perform on any number of gymnastics apparatus |
| **MEDICAL SERVICES** | The Organizing Committee will provide a first aid medical service, doctor in the competition area during the whole competition. |
| **DEADLINES SUMMARY** | Definitive Registration May 1, 2024Nominative Registration May 10, 2024Visa Request Form May 1, 2024Payment of the Entry Fee By transaction or upon arrival  |

 Riga, 26.01, 2024

Sincerely yours,

Organizing Committee

**Deadline: 1of May 2024**

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| **Definitive registration** |

**Please send the registration form to Alexandra.drigo@gmail.com**

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| **Federation, Country or Club** |  | **Contact person:** |  |
| **Phone:** |  |
| **E-mail:** |  |

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| **MAG****Name, surname, year of birth** | **WAG****Name, surname, year of birth** |
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**Deadline: 10 of May 2024**

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| **Nominative registration** |

**Please send the registration form to Alexandra.drigo@gmail.com**

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