

# Women's Artistic Round Table







## 10.4 Requirements

#### In Qualification to and in Apparatus Finals

- The gymnast must perform 2 vaults, which will be averaged for the Final Score.
- The 2 vaults must be from different Vault Groups.

#### **Vault Bonus**

- + 0.20 when saltos in different directions (bwd/fwd) in the second flight.
- Both vaults without a fall.
- Added to the Final Score (average of the 2 vaults).

## **Group 5 vaults**

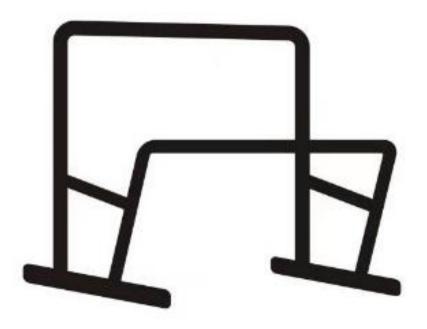




Missing degrees of LA turn during the first flight phase will receive deductions

 $\leq 45^{\circ} - 0.30$ 





#### 11.2 Content and Construction of the Exercise

Only one "Tkatchev" type element with or without turn from each line in the Table of Elements will be recognised.

Only one "Jager" with or without turn in the Table of Elements will be recognised.

#### **EXAMPLES:**

D	E	F	G
W W.	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\		
	l}→l}↓	ely ĕix I	
ULŬ↓			



## Table of elements

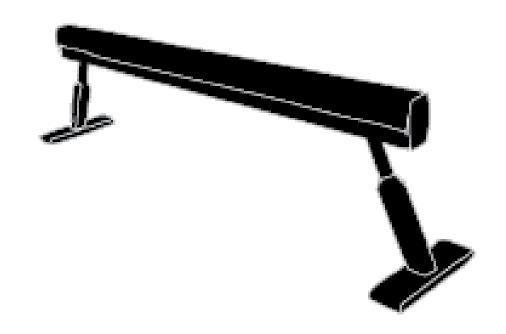
D	E	F	G
	X, X, I		
الْجُون راس			

## Table of elements



XI XĬ	180'	C	D
₩.		D =	E
DMT ····································		E	F





### 12.5 Artistry & Composition Deductions – E-Panel

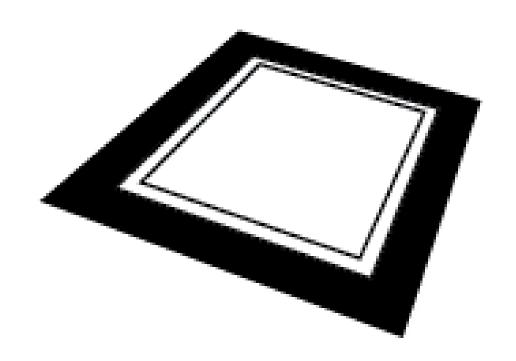
Poor body posture (head, shoulders, trunk)
- 0.10/0.20

• Rhythm & Tempo - 0.10/**0.20** 

#### **Table of elements**

No changes in the DV, just some clarification in the description





#### 13.4 Connection Value & Bonus – D-Panel

DMT Bonus (0.20) will only be awarded when there are **more than two acro lines**.

### **Updated Connection Values**

Indirect acrobatic

$$C + D/E + 0.20$$

Direct acrobatic

$$B/C+D + 0.20$$

### 13.5 Artistry & Composition Deductions – E-Panel

Poor body posture (head, shoulders, trunk)

- 0.10/**0.20** 

### Musicality:

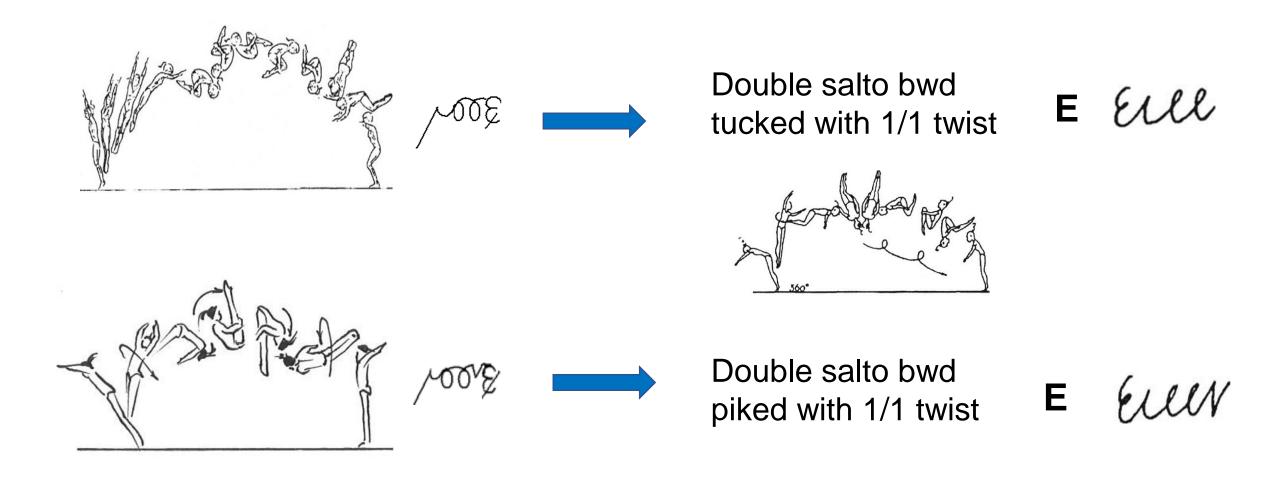
- Poor expressive engagement according to the style of the music 0.10/0.20/0.30
- Lack of connettivity of the music to the exercise (part or total) 0.10/0.20/0.30

### Table of elements

<u></u>	360	$D \longrightarrow C$
<u> </u>	137/807	B — A*
<u>-</u>		C B*

<sup>\*</sup> Description changed: «Free leg AT horizontal throughout»

## Arabian double salto with half twist





### # 5.502 – backward elements

Double salto bwd tucked with 1/1 twist

**AND** 

Arabian double tucked with ½ twist

SAME ELEMENT

Double salto bwd piked with 1/1 twist

**AND** 

Arabian double piked with ½ twist

**SAME ELEMENT** 



## **Rules for Juniors**

**VT (Qualification to & Apparatus Finals)** 

No Bonus for Vaults with saltos in different directions

Vaults with double saltos (fwd & bwd) are not permitted



## **Rules for Juniors**

#### 6.3 Short exercise

• 6 or more elements — no deductions

• 5 elements - 4.00 P.

• 3-4 elements - 6.00 P.

• 1-2 elements - 8.00 P.

No elements – 10.00 P.

# Trainings at World Championships

Starting from 2025 WTC would like to provide only one training session per day.

How long would it be?

Do you think that it should be slightly longer than 2h and half?



## What about the future?

#### **WTC PROPOSALS**

World Championships participation revision

- Age Group competitions FIG recognised
- Detailed list of named elements

